Plymouth High School Lacrosse
5 Mile Road Race & 2 Mile Fun Walk
Race Date: Sunday October 30, 2011 – 10 AM RAIN OR SHINE
Location: Manomet Elementary School
70 Manomet Point Road, Plymouth

Please complete the following form for each participant.

To register by mail, please print and send form to:

Plymouth High School Lacrosse
PO Box 1778
Plymouth, MA 02362

Select One
☐ 5 Mile Road Race
☐ 2 Mile Fun Walk

To be eligible for the pre-registration fee of $25, forms must be received by October 16, 2011. Forms received after that date will be subject to the $30 fee and any balance will need to be paid on check-in.

To register on race day, print and fill out this form and bring to registration tent.

Please print LEGIBLY:

Participant Name:_____
(first) (last)
Address:_____ City:_____State:_____ Zip:_____

Gender (circle one): Male Female

Age: _____ Birthday: _____ /____ /_____

Email Address:_____

Phone Number:_____

Amount Enclosed: $_____

_____
Signature (only if age 18 or over)

_____
Signature of Parent or Guardian (if under 18)

To register online go to:

http://www.plymouthhighschoollax.com/

T-Shirt: Adult __S __M __L __XL

T-Shirt: Child __ L (only)

Family Registration

A family of 4 or more is eligible for the family cap rate of $100 (pre-registration prior to 10/16); $120 (after 10/16). Please print out as many forms as needed and mail, with payment, to the address above.

WAIVER

Release and Waiver of Liability, Assumption and Indemnity, and Parental Consent Agreement

In consideration of participating in the Plymouth High School Lacrosse Monster Dash, I represent that I understand the nature of the event and that I and/or my minor child am qualified, in good health, and in proper physical condition to participate in such Activity. I acknowledge that if I and/or my minor child believe event conditions are unsafe, I and/or my minor child will immediately discontinue participation in the Activity.

I fully understand that the event involves risks of serious bodily injury, including permanent disability, paralysis and death, which may be caused by my own actions, or inactions, those of others participating in the event, the conditions in which the event takes place, or the negligence of the "releasees" named below; and that there may be other risks either not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I and/or my minor child incur as a result of my and/or my minor child's participation in the Activity. I hereby release, discharge, and covenant not to sue the Plymouth High School Lacrosse Monster Dash, Plymouth High School Lacrosse Fundraising committee, or Plymouth Public Schools, its respective administrations, directors, agents, officers, volunteers and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the "RELEASEES" herein) from all liability, claims, demands, losses, or damages on my account and/or that of my minor child caused or alleged to be caused in whole or in part by the negligence of the "Releasees" or otherwise, including negligent rescue operations; and I further agree that if, despite this release, waiver of liability, and assumption of risk, I, or anyone on my and/or my minor child's behalf, make a claim against any of the "Releasees," I will indemnify, save, and hold harmless each of the releases from any loss, liability, damage, or cost which any may incur as the result of such claim.

I have read this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT, AND PARENTAL CONSENT AGREEMENT, and understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance notwithstanding, shall continue in full force and effect.

Official Use Only

Payment Type (Circle one): Cash Check (Check #:_____) Bib No.: _____